



Infographic Chronic disease

Population living in Portugal in **2015**
25-74 years

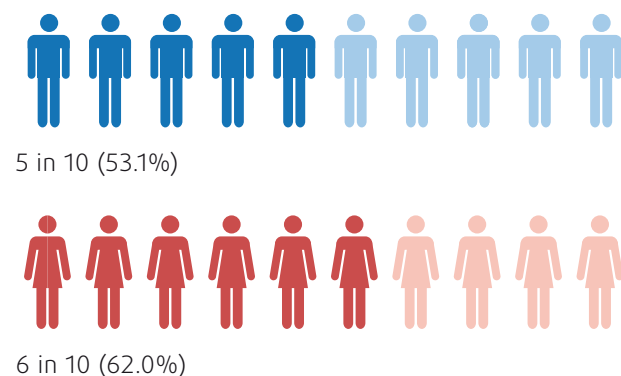
INSEFInquérito Nacional de Saúde com
Exame Físico 2010-2016

INSA has developed in 2015
the first national HES (INSEF)
to collect epidemiological
information on the health
state, health determinants
and healthcare of the
Portuguese population.

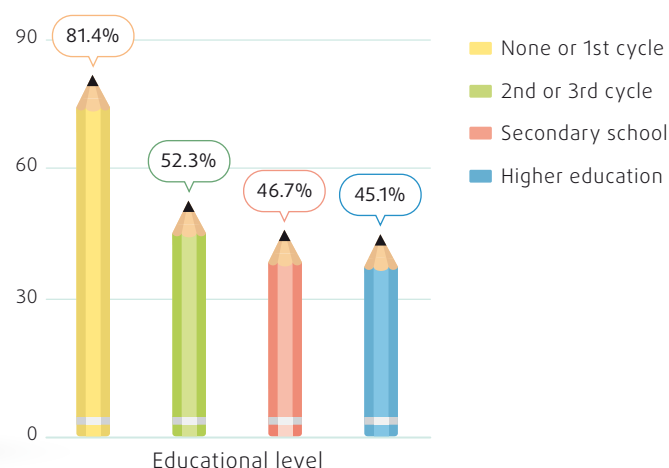
3.9 million Portuguese (57.8%) reported having at least 1 chronic disease

The occurrence of chronic disease was more frequent ...

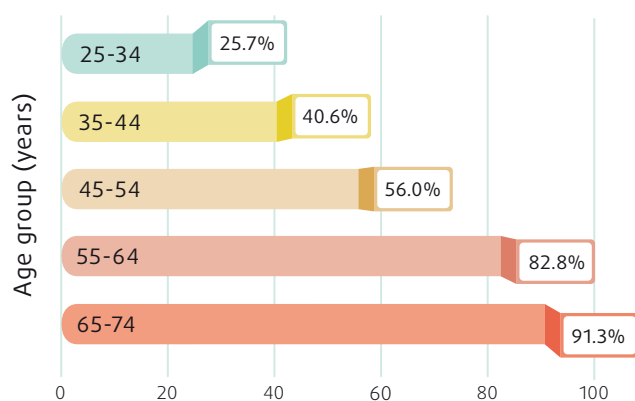
...in women,



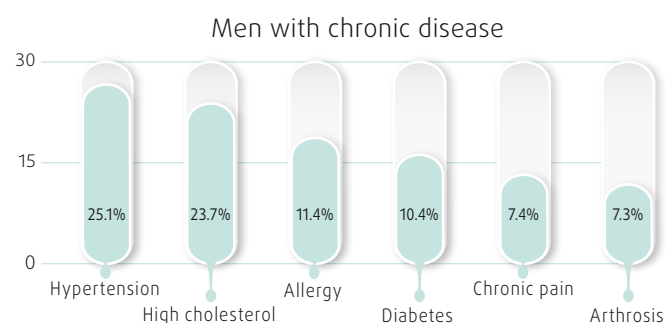
...and in the persons with lower educational level.



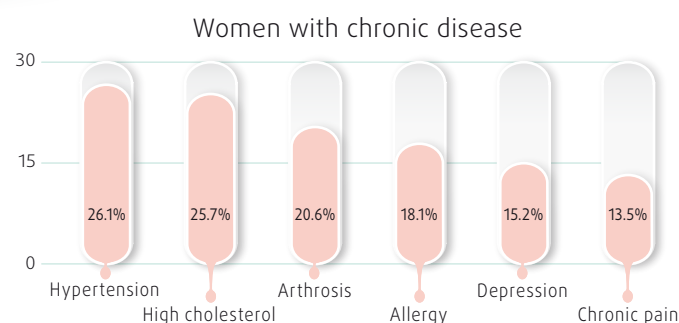
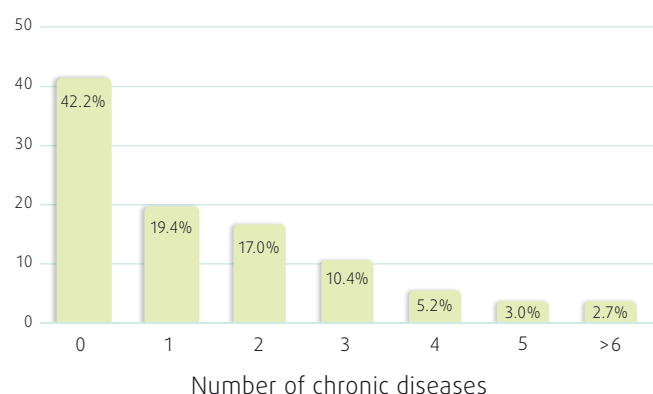
...in the age group 65-74 years,



Most common chronic diseases:



In the Portuguese population:



Source: INSEF 2015
<https://doi.org/10.20344/amp.11227>
For more information: www.insef.pt